

Dance Summer Work - 2026

Students are expected to engage in practical dance classes over the summer. These could be in person or online (there are so many available on YouTube). Try out a range of styles - maybe even something you haven't done before. You could try contemporary, ballet, jazz, hip hop, Graham technique, Cunningham technique, Release technique. In addition, work on building stamina working on short burst of maximum energy.

Thanks,

Ms Ellis